



# CRETA SEGRETA

## THE SECRET CRETE EXPERIENCE

Chiron Healing Journey  
Flexible dates

*4-Night Minimum Stays (or longer upon request)*

*An experience signed by WOM*



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MEDITERRANEO



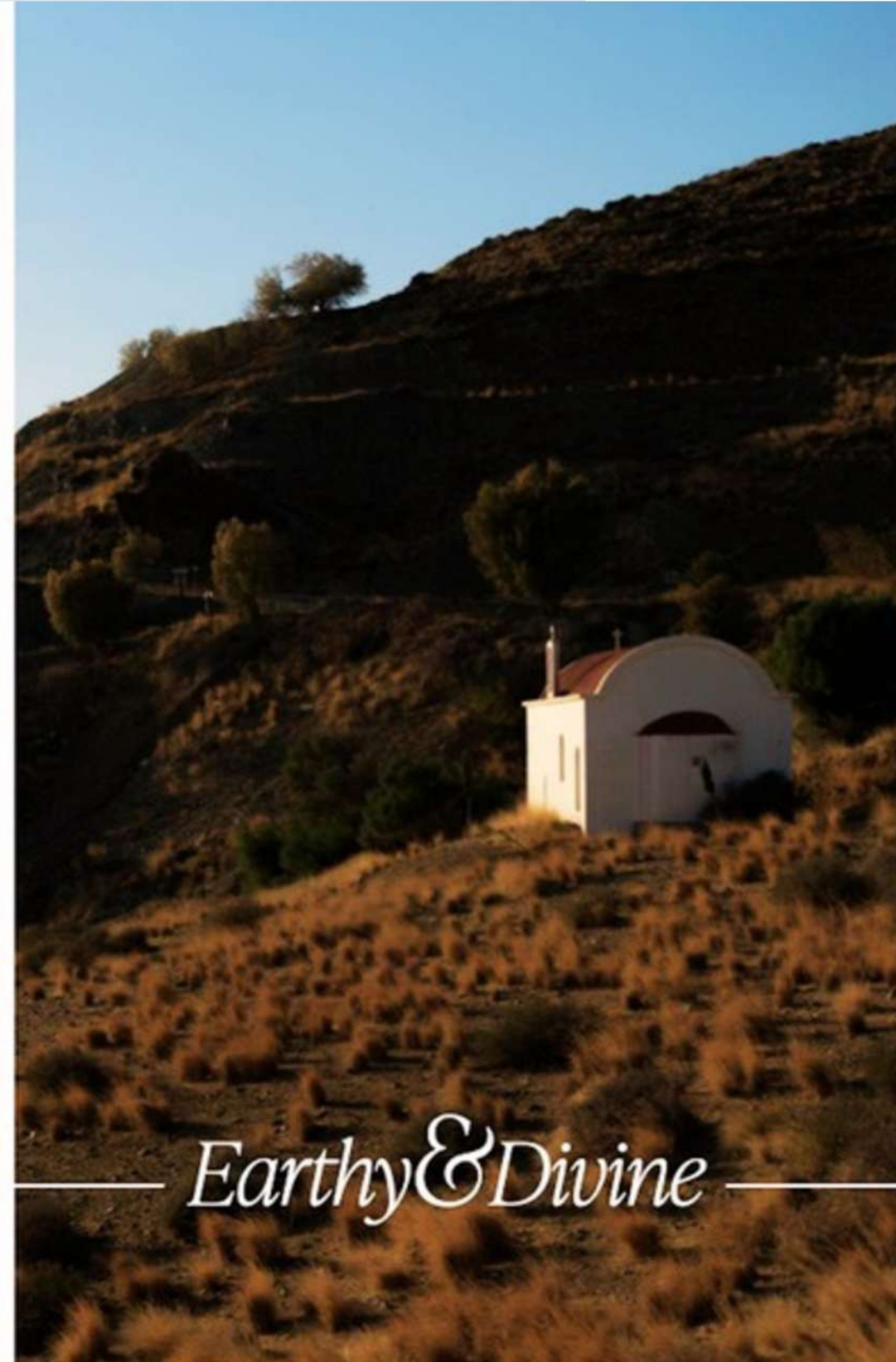
# THE EXPERIENCE AT A GLANCE



- **The Secret Setting:** An exclusive, off-the-beaten-path immersion in a hidden, majestic landscape overlooking the untamed Libyan Sea.
- **The Journey:** A curated 4-day program featuring a scenic crossing of the Asterousia Plateau, reaching the healing spot of Lentas, and an optional private boat expedition to Trafulas (subject to weather and wind conditions), or a coastal tour to Agios Pavlos.
- **Holistic Highlights:** Deep-dive spiritual practices and astrology workshops led by Laura. Experience guided meditation under a sacred olive tree, a private visit to the Temple of Asclepius, and a solitary ritual bath in the natural rock pool at Trafulas, carved entirely by the sea.



# IMMERSE IN CRETE



— *Earthy & Divine* —

Empress of the  
Mediterranean  
Majestic, barren,  
and vibrantly lush



# YOUR GUIDE & HOLISTIC PRACTICES

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Laura Locatelli  
Master Astrologer, Life  
Guidance Specialist  
Somatic Dance Flow Trainer

Deep-dive spiritual journeys led by Laura and certified instructors, structured across four core pillars:

- Coaching & Healing: Intimate, deep-dive astrology workshops including Chiron, The Wounded Healer.
- Yoga, Breathwork & Meditation: 3 dedicated yoga practices and ancient mindfulness sessions held under a sacred olive tree.
- Dance & Embodied Flow: Two liberating, ecstatic Dance Yourself Free movement sessions.
- Sacred Rituals: Held at our uniquely curated locations, including a private visit to the Temple of Asclepius and a solitary ritual bath in the natural rock pool of Goya, carved entirely by the sea.



# Covered in The Package

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## WHAT'S INCLUDED

- The Bespoke Program: A fascinating, uncommon holistic program set in an extraordinary location, curated exclusively for a select circle.
- The Scenic Gateway: A profound visual and energetic journey across the breathtaking Asterousia Plateau to beautifully open the retreat.
- The Complete Holistic Program with Laura.
- The Temple of Asclepius: A dedicated guided visit and spiritual practice.
- Chiron, The Wounded Healer: An immersive astrology workshop.
- The Natural Pool of Goya: A transformative ritual bath in a solitary coastal rock formation carved entirely by the sea.
- Dance Yourself Free: Two liberating, ecstatic movement sessions throughout the journey.
- 4 Nourishing Daily Breakfasts.
- 1 Oceanside Lunch featuring exceptional, authentic Greek cuisine.
- 3 Immersive Dinners designed in the pure style and spirit of Crete:
  - Evening 1: An aperitif followed by a fresh seafood dinner set to beautiful music.
  - Evening 2: A traditional taverna dinner with an aperitif and soulful live music.
  - Evening 3: A collaborative Italian-Greek dinner coupled with an expressive free dance experience.
- *(Please note: Wine and alcoholic beverages are excluded).*







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# Program and Extras

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## **NOT INCLUDED**

- Flights, car rentals, and travel insurance.
- Accommodation: To give you absolute freedom and flexibility to curate your ideal stay, lodging is booked separately. Choose from a hand-picked selection of local Hotels, charming B&Bs, or private boutique Studios.
- In case you are a group (or stay in a group) options are : Villa Yin&Yang or Casa Loutra.
- The Optional Boat Excursion: Private coastal tour with a curated light lunch (subject to weather and wind conditions).

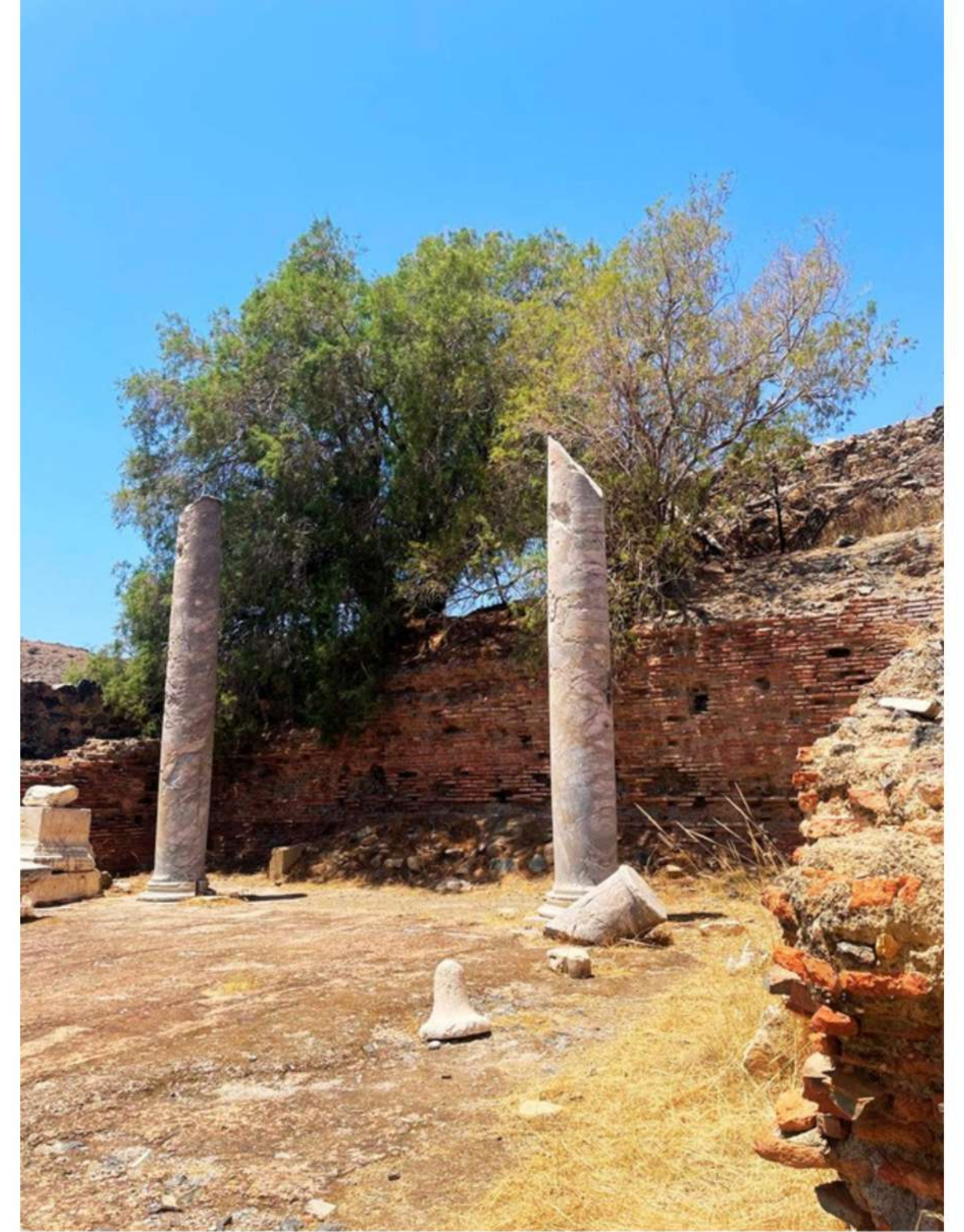
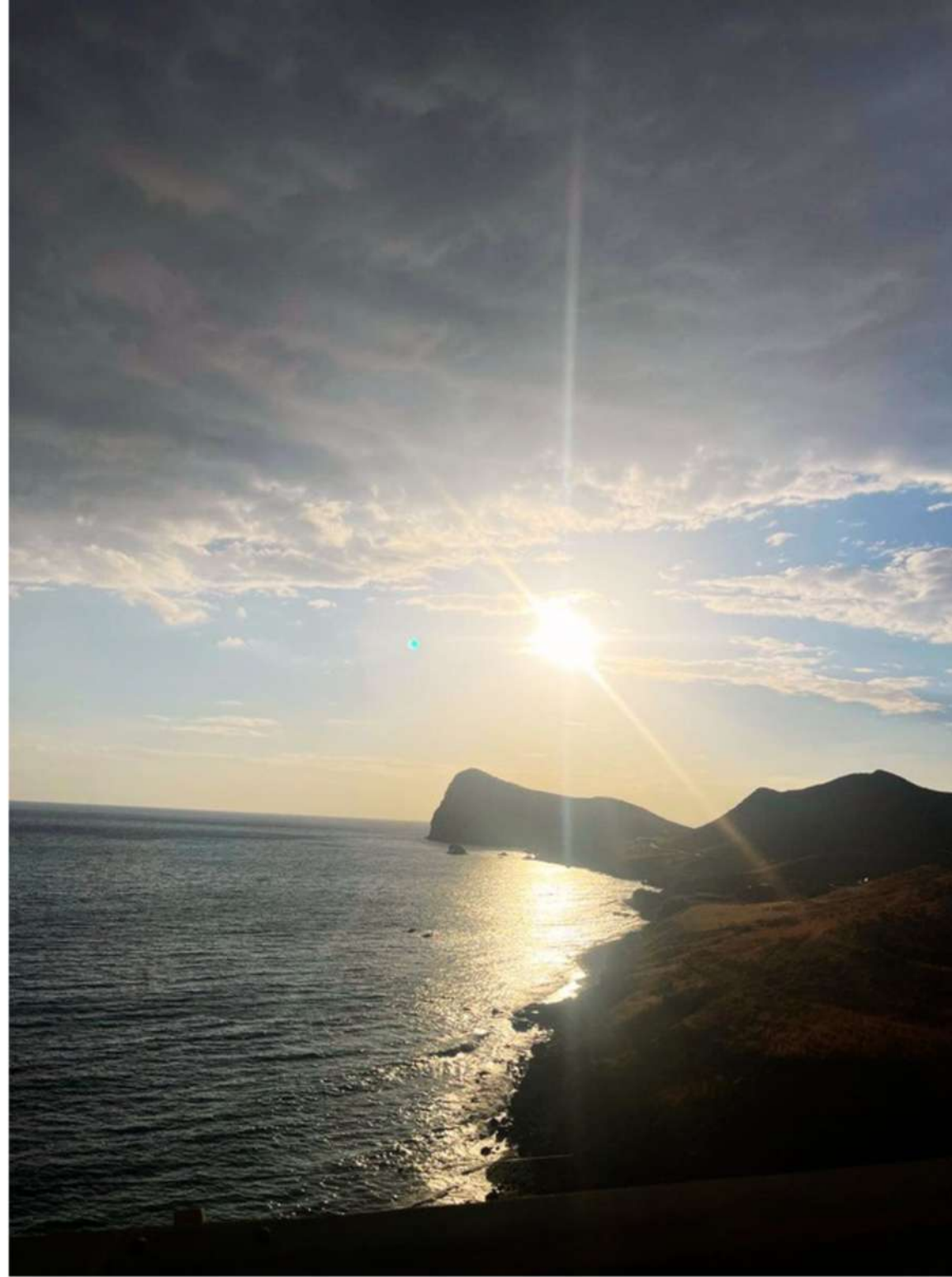
## **BESPOKE ADD-ON EXPERIENCES (Available upon request)**

- Exclusive 1-on-1 Astro-Coach Mentorship: 45-minute private sessions with Laura. (Strictly limited to 4 available slots).
- Yoga sessions held open-air on the terrace. In case of strong seasonal winds (Meltemi), premium indoor studio alternatives are available for an additional booking fee.
- Holistic Massage Therapy: Rejuvenating body treatments. (Must be booked in advance during your retreat registration).

## **PRICING & CUSTOM ITINERARY:**

- Rates and daily program details vary based on dates, group size, and accommodation.
- Your personalized itinerary and final quote will be presented following an individual Discovery Call.





For more info and booking please contact:

**Genny Posa**  
**YogaPlannerIbiza**

**+34 628 552 460 / [info@yogaibizaretreat.com](mailto:info@yogaibizaretreat.com)**



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**We are happy to answer any questions you may have. Thank you!**